

RUN EMC



5K 2014

Viera Pizza presents the 3rd Annual EAT MY CRUST 5K RUN/WALK

7:00 am Sunday, May 4, 2014
Viera Pizza, 5450 Stadium Pkwy

Race benefits the Viera High School Athletic Dept.

Register online at VieraPizza.com/EMC.htm

Like us on Facebook at www.facebook.com/eatmycrust5k

For more race info contact Brittany Streufert at (321)412-1830



RACE DAY SCHEDULE

Packet pickup & registration at Running Zone
Thursday, May 1st, Friday, May 2nd - 10am to 6:30 pm
Saturday, May 3rd - 10am to 5pm

SUNDAY, MAY 4th - RACE DAY

6:00 am Packet Pick Up & Race Day registration
6:45 am Late registration ends
7:00 am Eat My Crust 5K Starts!
8:15 am Lil' Pepperoni Run for Kids - FREE!

COURSE RECORDS

Overall Male: 16:43 (2013) Overall Female: 17:37 (2012)

ENTRY FEES:

Before 4/25-5K \$20 \$18 (student)
After 4/25-5K \$25 **SORRY NO REFUNDS**

RACE INFO

- Free T-shirt guaranteed with paid pre-registration
- Free Lil' Pepperoni Run for kids (8 & under)
- Pre-register by 4/25/14 and save \$5
- Students save \$2 when you pre-register
- Finish line management by Running Zone
- Rain or shine event, no refunds issued
- Super Post-race Pizza & Breakfast Buffet
- WIN FABULOUS PRIZES & lots of FREE giveaways

AWARD CATEGORIES

- **Overall & Age Group Winners to receive the BIGGEST 5K Race Medal in Brevard County!**
- Top 3 Overall Male & Female
- Top Masters (40+) Male & Female
- Top High School Finisher Male & Female
- Top 3 Each Age Group
- Top 3 Teams (min of 5 team members with 1 person of opposite sex)

AGE GROUPS

8 & under 9-11 12-14 15-19 20-24 25-29 30-34
40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+

**MAIL COMPLETED ENTRY FORM TO:
3268 LAMANGA DRIVE, VIERA, FL 32940**

Checks should be made payable to: Viera Pizza

Name: _____

Address: _____

City: _____ ST: _____

Zip Code: _____ Phone: _____

Email: _____

Sex (circle) M F Date of Birth: _____

Age on Race Day: _____

Shirt Sizes (circle): XS S M L XL XXL

Team Name: _____

In consideration of my entry being accepted, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against the sponsors, officials, volunteers, and supporters of this race and any representatives, successors, or assigns for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the Eat My Crust event. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility, and I take full financial and legal responsibility for this action. I attest and verify that I am physically fit and have my physician's permission to participate in this race. I hereby understand that it presents a risk of physical injury, knowing this I am entering this event at my own risk.

Signature: _____

(Participant or Parent or guardian if under 18)

Date: _____